

# SPECIAL DAYS OF COMMEMORATIONS

## JANUARY – DECEMBER, 2024

Functions	Date	Activity	Sakha Ashram Noida	Dhyan Kendra Delhi	Dhyan Kendra Gurugram
Sri Sri Paramahansa Yogananda Avirbhav Celebrations	Jan 5, Fri	Meditation followed by Prabhat Feri	7:00 am to 8:45 am	–	–
		Prabhat Feri followed by Meditation	–	–	7:00 am to 8:30 am***
		Narayan Seva	12:30 pm to 2:30 pm	–	–
		Commemoration Programme	5:00 pm to 7:30 pm+	5:00 pm to 7:00 pm	5:00 pm to 7:00 pm
Satsanga Pushpanjali, Guru Langar	Jan 7, Sun	Satsanga Pushpanjali, Guru Langar	–	–	10:00 am to 12:00 noon**
Janmotsava Function	Jan 7, Sun	Janmotsava Function	–	10:00 am to 12:00 pm	–
Long Meditation	Jan 7, Sun	Long Meditation	10:00 am to 4:00 pm	–	–
Narayan Seva	Jan 13, Sat	Narayan Seva	–	12:30 pm to 2:30 pm	–
Long Meditation	Jan 14, Sun	Special Janmotsava Meditation	–	10:00 am to 4:00 pm	10:00 am to 4:00 pm
Retreat 1	Jan 26-28, Fri-Sun	Retreat	Fri 8:00 pm to Sun 8:00 pm	–	–
Long Meditation	Jan 28, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Long Meditation	Feb 4, Sun	Long Meditation	10:00 am to 4:00 pm	–	10:00 am to 4:00 pm
Long Meditation	Feb 11, Sun	Long Meditation	–	10:00 am to 4:00 pm	–
Sangam 1	Feb 15-18, Thu-Sun	Sangam	Thu 7:00 am to Sun 8:00 pm	–	–
Long Meditation	Feb 18, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Long Meditation	Mar 3, Sun	Special Long Meditation	–	–	10:00 am to 4:00 pm
Mahasamadhi Anniversary of Sri Sri Paramahansa Yogananda	Mar 7, Thu	Commemoration Programme	5:00 pm to 7:30 pm	5:00 pm to 7:00pm	5:00 pm to 7:00 pm
Mahasamadhi Anniversary of Sri Sri Swami Sri Yukteswar Giri	Mar 9, Sat	Commemoration Programme	5:00 pm to 7:30 pm	5:00pm to 7:00pm	5:00 p.m. to 7:00 p.m.
Sangam 2	Mar 14-17, Thu-Sun	Sangam	Thu 7:00 am to Sun 8:00 pm	–	–
Long Meditation	Mar 17, Sun	Long Meditation	–	10:00 am to 4:00 pm	10:00 am to 1:00 pm
Long Meditation	Mar 31, Sun	Long Meditation	10:00 am to 4:00 pm	–	–
Retreat 2	Apr 5-7, Fri-Sun	Retreat	Fri 8:00 pm to Sun 8:00 pm	–	–
Long Meditation	Apr 7, Sun	Long Meditation	–	–	10:00 am to 4:00 pm
Long Meditation	Apr 21, Sun	Long Meditation	–	10:00 am to 4:00 pm	10:00 am to 1:00 pm
Long Meditation	May 5, Sun	Long Meditation	10:00 am to 4:00 pm	–	10:00 am to 4:00 pm
Avirbhav Diwas of Sri Sri Swami Sri Yukteswar Giri	May 10, Fri	Commemoration Programme	5:00 pm to 7:30 pm	5:00 pm to 7:00 pm	5:00 pm to 7:00 pm
Long Meditation	May 19, Sun	Long Meditation	–	10:00 am to 4:00 pm	10:00 am to 1:00 pm
Girls Camp	May 27-June 1, Mon-Sat	Girls Camp	Mon 5:00 pm to Sat 4:00 pm	–	–
Long Meditation	June 2, Sun	Long Meditation	–	–	10:00 am to 4:00 pm
Boys Camp	June 9-14, Sun-Fri	Boys Camp	Sun 5:00 pm to Fri 4:00 pm	–	–
Long Meditation	June 9, Sun	Long Meditation	–	10:00 am to 4:00 pm	–
International Day of Yoga	June 16, Sun	IDY Celebration	–	10:00 am to 11:30 am	–
Long Meditation	June 16, Sun	Long Meditation	–	–	10:00 am to 1:00 pm

International Day of Yoga	June 23, Sun	Open House	–	–	10:00 am to 11:30 am
Long Meditation	June 23, Sun	Long Meditation	10:00 am to 4:00 pm	–	–
Retreat 3	Jun 28-30, Fri-Sun	Retreat	Fri 8:00 pm to Sun 8:00 pm	–	–
Long Meditation	Jul 7, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Long Meditation	Jul 14, Sun	Long Meditation	10:00 am to 4:00 pm	10:00 am to 4:00 pm	10:00 am to 4:00 pm
Narayan Seva	Jul 20, Sat	Narayan Seva	–	12:30 pm to 2:30 pm	–
Guru Purnima	July 21, Sun	Prabhat Feri and Meditation	6:15 am to 8:30 am	5:45 am - 8:00 am	6:30 am to 8:30 am***
		Narayan Seva	12:30 pm to 2:30 pm	–	–
		Commemoration Programme	5:00 pm to 7:30 pm+	10:00 am to 12:00 noon	10:00 am to 12:00 noon**
Mahavatar Babaji Smriti Divas	July 25, Thu	Commemoration Programme	5:00 pm to 7:30 pm	5:00 pm to 7:00 pm	5:30 pm to 7:30 pm
Retreat 4	Aug 2-4 Fri-Sun	Retreat	Fri 8:00 pm to Sun 8:00 pm	–	–
Long Meditation	Aug 11, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Long Meditation	Aug 25, Sun	Janmashtami Long Meditation	10:00 am to 6:00 pm	10:00 am to 6:00 pm	10:00 am to 6:00 pm
Janmashtami	Aug 26, Mon	Commemoration Programme	10:00 am to 12:30 pm	10:00 am to 12:00 noon	5:30 pm to 7:30 pm
Retreat 5	Sept 6-8 Fri-Sun	Retreat	Fri 8:00 pm to Sun 8:00 pm	–	–
Long Meditation	Sept 8, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Long Meditation	Sept 15, Sun	Long Meditation	10:00 am to 4:00 pm	10:00 am to 4:00 pm	–
Mahasamadhi of Sri Sri Lahiri Mahasaya	Sept 26, Thu	Commemoration Programme	5:00 pm to 7:30 pm	5:00 pm to 7:00 pm	5:30 pm to 7:30 pm
20 hour long meditation	Sept 28, Sat	Long Meditation	–	–	10:00 am to 8:00 pm
	Sept 29, Sun		–	–	10:00 am to 8:00 pm
Avirbhav of Sri Sri Lahiri Mahasaya	Sept 30, Mon	Commemoration Programme	5:00 pm to 7:30 pm	5:00 pm to 7:00 pm	5.30 pm to 7:30 pm
Long Meditation	Oct 6, Sun	Long Meditation	10:00 am to 4:00 pm	–	–
Long Meditation	Oct 13, Sun	Long Meditation	–	–	10:00 am to 4:00 pm
Sangam 3	Oct 17-20, Thu-Sun	Sangam	Thu 7:00 am to Sun 8:00 pm	–	–
Long Meditation	Oct 27, Sun	Long Meditation	–	10:00 am to 4:00 pm	10:00 am to 1:00 pm
Diwali	Nov 1, Fri	Diwali Meditation	–	–	10:00 am to 11.30 am
Long Meditation	Nov 3, Sun	Long Meditation	10:00 am to 4:00 pm	–	–
Long Meditation	Nov 10, Sun	Long Meditation	–	10:00 am to 4:00 pm	10:00 am to 4:00 pm
Sangam 4	Nov 14-17, Thu-Sun	Sangam	Thu 7:00 am to Sun 8:00 pm	–	–
Long Meditation	Nov 24, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Retreat 6	Dec 6-8 Fri-Sun	Retreat	Fri 8:00 pm to Sun 8:00 pm	–	–
Long Meditation	Dec 8, Sun	Long Meditation	–	–	10:00 am to 1:00 pm
Christmas Long Meditation	Dec 22, Sun	Christmas Long Meditation	10:00 am to 6:00 pm	10:00 am to 6:00 pm	10:00 am to 6:00 pm
Christmas	Dec 25, Wed	Commemoration Programme	10:00 am to 12:30 pm	5:00 pm to 7:00 pm	5:00 pm to 7:00 pm
New Year Eve Meditation	Dec 31, Tue	New Year Eve Meditation	11:30 pm to 12.15 am	11:30 pm to 12:15 am	11:30 pm to 12:15 am

**+ Followed by Guru Langar**  
**\*\* Followed by Guru Langar and Narayan Seva**  
**\*\*\* Followed by Refreshments**